



Veterans & Family Support Program

Building Bridges for our Veterans

BECOMING THE BRIDGE

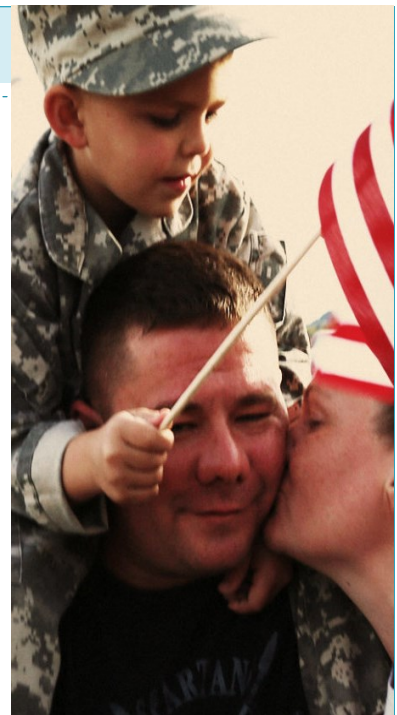
Veteran resources offer a vital lifeline, providing access to healthcare, mental health support, and disability benefits. They assist with navigating complex systems like the VA, securing housing, and finding meaningful employment through job training and placement programs. Furthermore, support networks and peer groups offer a renewed sense of community and understanding from those with shared experiences.

By linking Veterans with the tailored services, we acknowledge their sacrifices and empower them to overcome obstacles. Familiarize yourself with the resources provided in the Program guide and others so you can bridge the gap and support our Veterans and their families!

SUPPORT SPOTLIGHT:

VFW MENTAL WELLNESS CAMPAIGN

The VFW Mental Wellness Campaign aims to combat the stigma surrounding mental health for veterans and the broader community. A key initiative involves educating the public on the "Five Signs of Emotional Suffering" to help identify those in need. The campaign encourages community engagement, supports research, and promotes intervention, ultimately striving to connect veterans with vital resources like the Veterans Crisis Line and foster a supportive environment for mental well-being. Learn more at <https://vfw.org/assistance/mental-wellness>



PROGRAM PLANNING

Event Planning

Involve all of your members in the planning and execution stage!

Online Reporting

Remember to report all of your activities supporting Veterans & Family Support as soon as possible after the event!



Ryan Harris
Program Chair

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